Superhero Show Down

OBJECTIVES:

STUDENTS WILL DEVELOP THEIR MUSCULAR ENDURANCE.

STUDENTS WILL CHOOSE WHICH ACTIVITY TO PERFORM.

STUDENTS WILL FOLLOW THE DIRECTIONS GIVEN.

SKILLS AND CONCEPTS:

MUSCULAR STRENGTH, MUSCULAR ENDURANCE, COOPERATION

EQUIPMENT:

LEGO HERO CARDS

ORGANIZATION:

STUDENTS NEED TO HAVE A PARTNER AND DECK OF HERO CARDS. THE PAIR OF STUDENTS WILL DIVIDE THE DECK EQUALLY AMONGST THEMSELVES.

ACTIVITY DESCRIPTION:

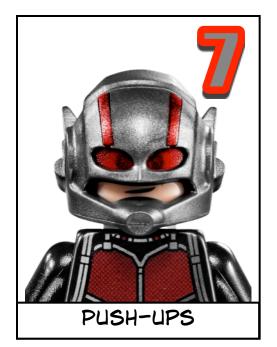
THE STUDENTS WILL COUNT TO THE NUMBER 3 AND FLIP THE TOP CARD FROM THEIR DECKS. WHICHEVER STUDENT HAS THE HIGHEST CARD, GETS TO CHOOSE ONE OF THE ACTIVITIES SHOWN. THE AMOUNT OF REPS IS THE NUMBER FROM THE CARD. EXAMPLE: CARDS ARE FLIPPED AND ONE SHOWS 9 PUSHUPS THE OTHER IS 13 FROG JUMPS. THE STUDENT WITH THE HIGHER NUMBER PICKS ONE OF THE TWO ACTIVITIES FOR THEM TO PERFORM TOGETHER. WHOEVER CHOOSES THE ACTIVITY, GETS TO TAKE THE CARDS TO ADD TO THEIR DECK.

Warfallons

THESE CARDS CAN BE USED IN MULTIPLE WAYS AND ACTIVITIES. HERE ARE SOME EXAMPLES I CAME UP WITH. WOULD LOVE TO HEAR HOW YOU USE THEM SO PLEASE SEND ME AN EMAIL: GEPETTOG52@GMAIL.COM

- 1. WHICHEVER STUDENT ADDS THE TWO NUMBERS UP FIRST, GETS TO CHOOSE WHICH CARD TO USE.
- 2. USE THE CARDS AS WAYS TO "BUY" BACK INTO A TAG GAME.
- 3. STUDENTS FLIP THE TOP CARD FROM THEIR STACK AND PERFORM THE ACTIVITY OF THE HIGHER CARD.
- 4. STUDENTS FLIP THE TOP CARD FROM THEIR STACK AND PERFORM THE ACTIVITY OF THE LOWER CARD.

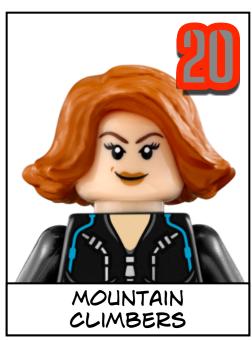
CREATED BY: BENJAMIN PIRILLO
WWW-YOUTUBE-COM/GEPETTO652 WWW-TEACHPHYSED-WEEBLY-COM



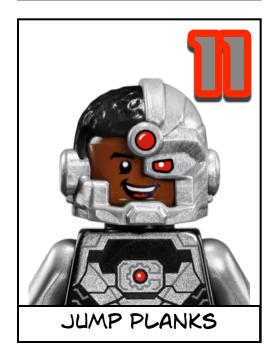






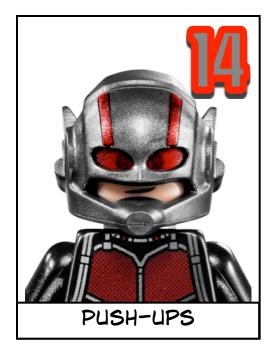












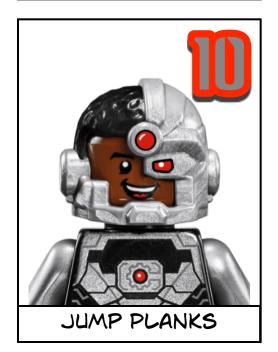






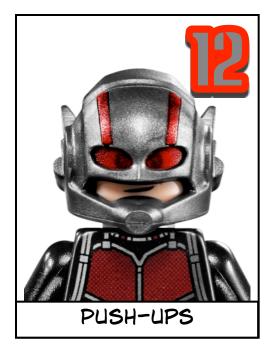












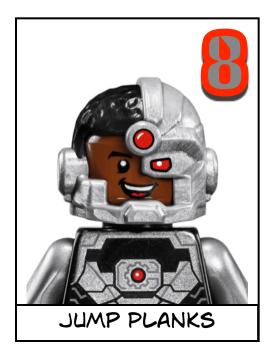






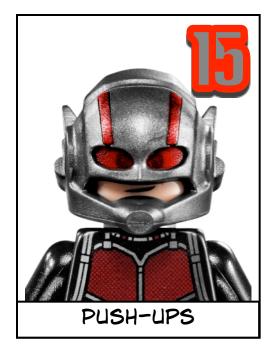












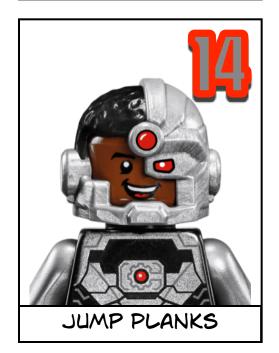


















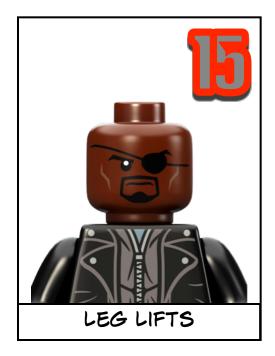


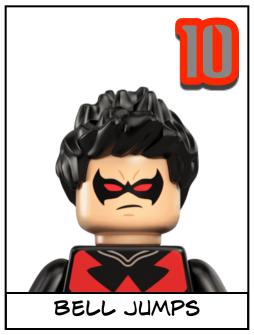
















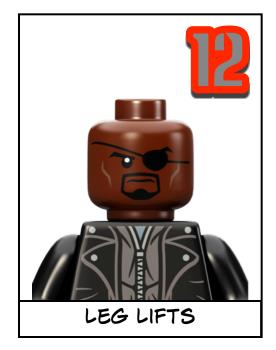


















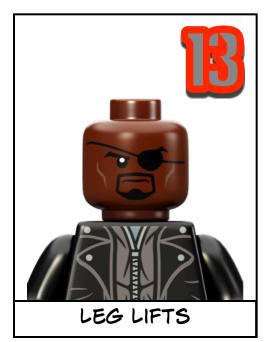


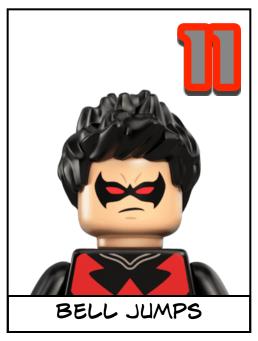
















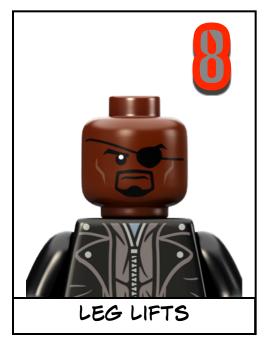


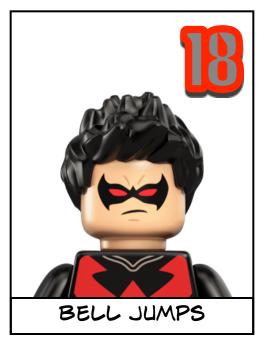






















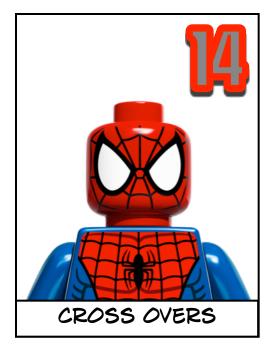










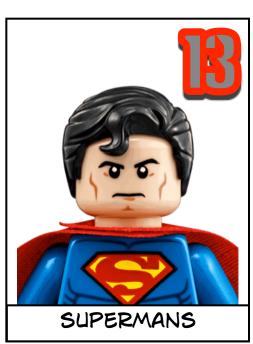




















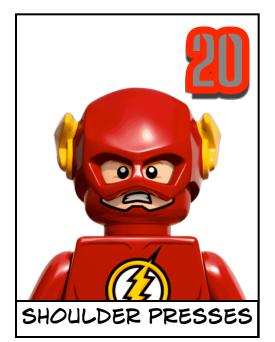


































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